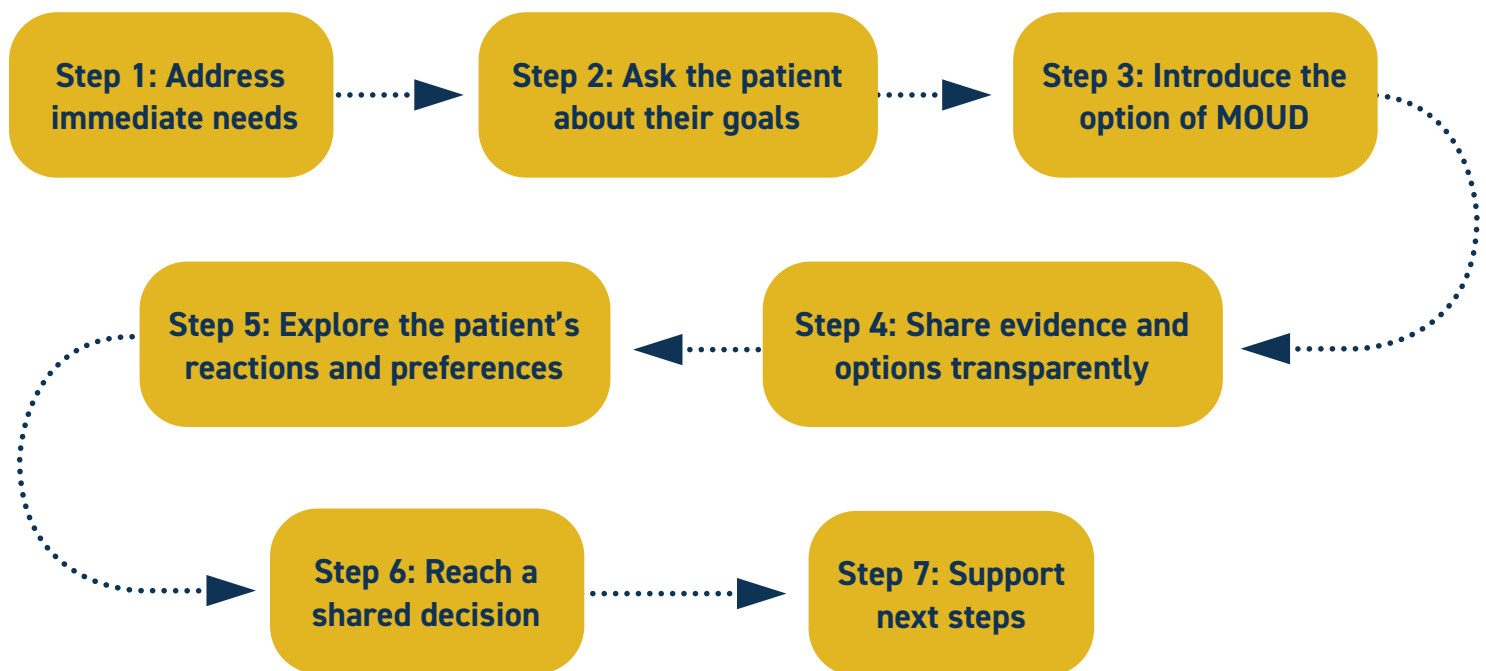


# Quick Tips: Shared decision-making for MOUD

**Rule #1:** Be honest.

**Rule #2:** Trust your patient.



## Key things to remember

Principle	Why it matters	Practical tip
Prioritize safety	Enables readiness for meaningful conversation	Address physical and emotional safety first
Be transparent	Builds trust	Don't pretend to know what you don't
Ask, don't tell	Encourages trust and dialogue	Use open-ended questions
Use plain language	Increases understanding and recall	Avoid jargon like "opioid antagonist"
Respect ambivalence	Reduces defensiveness	"It's okay if you're unsure"
Validate experience	Builds emotional safety	"That sounds really tough"
Offer autonomy	Honors patient agency	"Would you like to..." instead of "You should..."