

Quick Tips: Shared decision-making for MOUD

Rule #1: Be honest.

Rule #2: Trust your patient.



Key things to remember

| Principle | Why it matters | Practical tip |
|---------------------|-----------------------------------------------|---------------------------------------------------|
| Prioritize safety | Enables readiness for meaningful conversation | Address physical and emotional safety first |
| Be transparent | Builds trust | Don't pretend to know what you don't |
| Ask, don't tell | Encourages trust and dialogue | Use open-ended questions |
| Use plain language | Increases understanding and recall | Avoid jargon like "opioid antagonist" |
| Respect ambivalence | Reduces defensiveness | "It's okay if you're unsure" |
| Validate experience | Builds emotional safety | "That sounds really tough" |
| Offer autonomy | Honors patient agency | "Would you like to..." instead of "You should..." |